

## CURRICULUM VITAE

Name: Robert C. Gambrell, M.D., FACSM, FAAFP

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### **Education**

- 1977 High School Diploma, Ross High School, Hamilton, Ohio
- 1978-1981 Bachelor of Arts, Chemistry, Miami University, Oxford, Ohio, Cum Laude
- 1981-1985 Doctor of Medicine, Ohio State University, College of Medicine, Columbus, Ohio
- 1985-1986 Transitional Year Residency, Mount Carmel Medical Center, Columbus, Ohio
- 1988-1990 Family Practice Residency, Madigan Army Medical Center, Department of Family Practice, Tacoma, Washington
- 1992-1993 Primary Care Sports Medicine Fellowship, Ohio State University, Department of Family Medicine, Columbus, Ohio

### **Professional**

#### *Certification*

- 1990 Diplomate, American Board of Family Practice, Recertified 1996 & 2002.
- 1993 Certificate of Added Qualification in Sports Medicine, American Board of Family Practice, Recertified, 2002.

#### *Academic Appointments*

- 2001–present Clinical Associate Professor, Departments of Family Medicine and Surgery, Medical College of Georgia.

#### *Military Medical Service*

- 1985-1995 United States Army Medical Corps

- 1990-1991 Battalion Surgeon, 5<sup>th</sup> Btn, 18<sup>th</sup> Field Artillery, OPERATION DESERT SHIELD/STORM, Saudi Arabia, Iraq and Kuwait, October 1990-April 1991
- 1981-1985 US Army Health Professions Scholarship Program, Ohio State University, College of Medicine

*Committee Assignments*

State

- 1998-2001 Chairman, Task Force on Sports Medicine, Georgia Academy of Family Physicians
- 1996-1998 Task Force on Sports Medicine, Georgia Academy of Family Physicians

National

- 2000-2001 Internet Committee, American Medical Society for Sports Medicine
- 1999 Angoff Committee, American Board of Family Practice, 1999 Sports Medicine CAQ Exam Reviewer

**Professional Organizations**

- 1990 American Academy of Family Physicians, Fellow 1995
- 1995 Georgia Academy of Family Physicians
- 1990 American College of Sports Medicine, Fellow 1994
- 1993 American Medical Society for Sports Medicine

**Community/Sports Medicine Activities**

- Augusta Boxing Club Physician
- Augusta Lynx Team Physician, Professional AA Ice Hockey
- Augusta Sports Council, Board of Directors
- Family Y, Board of Directors
- Harlem High School Team Physician
- Medical Director, 1999 and 2002 Georgia Games Championships
- USA Boxing Certified Ringside Physician

## **Honors and Awards**

### *Professional*

The Bruce A. Leibert, M.D., Excellence in Teaching Award,  
Dwight David Eisenhower Army Medical Center, Family Practice  
Residency Program, 1994-1995

Georgia Amateur Boxing Hall of Fame Award, 2002

Ringside Physician of the Year Award, Georgia Amateur Boxing,  
2003

USA Boxing Ringside Physician of the Year, 2003

### *Undergraduate*

Graduate Cum Laude

Phi Beta Kappa

Scholar Athlete Award, Miami University Track Team

### *Military*

Bronze Star Medal, OPERATION DESERT STORM

Meritorious Service Medal

Army Commendation Medals (2)

## **Publications**

### *Journals*

Gambrell RC, Blount BW: Exercise-Induced Hematuria. American Family Physician 53(3): 905-11, Feb 1996

Gambrell RC: Aerobic Conditioning in Children. Journal of Back and Musculoskeletal Rehabilitation, 1(2):21-27, 1991.

### *Abstracts*

Gambrell RC, Duncan J: Shoulder pain – baseball. (Abstract) Med Sci Sports Exer 30(5):S534, May 1998.

Gambrell RC: Hematuria – cycling. (Abstract). Med Sci Sports Exer 26(5):s200, May 1994.

Gambrell RC, Lombardo JA; Elbow Pain and Loss of Motion in a 14 Year Old Male Athlete. (Abstract). Med Sci Sports Exer 25(5):S21, May 1993.

## *Books*

Gambrell RC, Copeland LR, Thorsteinsson G: Low Back Pain, *American Board of Family Practice Reference Guide*, vol. 16, 6<sup>th</sup> edition, 1999.

## *Book Chapters*

Gambrell RC: Environmental Concerns. In Birrer, Griesemer, Cataletto (ed): *Pediatric Sports Medicine for Primary Care*, Philadelphia, Lippincott Williams & Wilkins, 2002, pp 95-102.

Gambrell RC, Copeland LR, Thorsteinsson G: Low Back Pain, *American Board of Family Practice Reference Guide*, vol. 16, 6<sup>th</sup> edition, 1999.

Gambrell RC: Thermal Illness and Exercise. In Lillegard, Butcher, and Rucker (ed): *Handbook of Sports Medicine, Second Edition*, Newton, MA, Butterworth-Heinemann, 1999, pp 381-387.

Gambrell RC, Lombardo JA: Drugs and Doping. Blood Doping and rEPO. In Mellion (ed): *Sports Medicine Secrets*, Philadelphia, Hanley & Belfus, 1999, pp 132-135.

Gambrell RC: Hyperthermia and Heart-Related Illnesses. In Field and Fricker (ed): *Medical Problems in Athletes*, Malden, MA, Blackwell Science, 1997, pp 279-284.

Gambrell RC, Lombardo JA: Drugs and Doping. Blood Doping and rEPO. In Mellion (ed): *Sports Medicine Secrets*, Philadelphia, Hanley & Belfus, 1994, pp 130-133.

## **Presentations**

### *National*

*Management of Pre-hospital Cervical Spine Injuries in Helmeted Athletes* – Clinical Workshop, American College of Sports Medicine, 47<sup>th</sup> Annual Meeting, Indianapolis, Indiana, May 31, 2000.

*Return-to-play Decisions after C-spine Injury* – AMSMM Exchange Lecture: The Dilemma of Cervical Spine Injuries in Collision Sports, ACSM 45<sup>th</sup> Annual Meeting, Orlando, Florida, June 5, 1998.

*Shoulder pain – Baseball*- Clinical Case Presentation, American College of Sports Medicine, 45<sup>th</sup> Annual Meeting, Orlando, Florida, June 4, 1998.

*Transient Quadriplegia in a High School Football Player* – Poster, 1998 Annual Meeting, American Medical Society of Sports Medicine, April 7, 1998.

*Amateur Boxing Pre and Post Bout Physical Examination* – USA Boxing Fourth Annual Ringside Physician’s Course, U.S. Olympic Training Center, Colorado Springs, Colorado, March 15, 1997.

*Seizure – Military Training in the Heat* – Clinical Case Presentation, American College of Sports Medicine, 41<sup>st</sup> Annual Meeting, Indianapolis, Indiana, June 4, 1994.

*Hematuria – Cycling* – Physician Case Presentation, American College of Sports Medicine, 41<sup>st</sup> Annual Meeting, Indianapolis, Indiana, June 4, 1994.

*Thigh Pain in a Female Long Distance Runner* – Physician Case Presentation, American Medical Society for Sports Medicine, Second Annual Meeting, Sun Valley, Idaho, July 17, 1993.

*Elbow Pain and Loss of Motion in a 14 Year Old Male Athlete* – Physician Case Presentation, American College of Sports Medicine, 40<sup>th</sup> Annual Meeting, Seattle, Washington, June 2, 1993.

### ***Regional and State***

*Pre-Hospital Management of the Helmeted Athlete with Suspected Cervical Spine Injury* – East Central Georgia EMS 2004 Changes Conference, Augusta, Georgia, March 2004.

*Treating Weekend Warriors* – Georgia Academy of Family Physicians, Summer CME, Amelia Island, Florida, June 2002.

*Evaluating Upper Extremities* – Georgia Academy of Family Physicians, 53<sup>rd</sup> Annual Scientific Assembly, Atlanta, Georgia, November 2001.

*Hip Problems in Athletes* – Georgia Academy of Family Practice, 53<sup>rd</sup> Annual Scientific Assembly, Atlanta, Georgia, November 2001.

*Hands on Orthopedic and Musculoskeletal Medicine-* GAFF Summer CME Meeting, Panama City Beach, Florida, June 10, 2001.

*Closed Head Injuries in Sports* – Georgia Academy of Family Practice, 52<sup>nd</sup> Annual Scientific Assembly, Atlanta, Georgia, November 2000.

*Creative Monohydrate, Long-term Benefits and Potential Adverse Effects* – 16<sup>th</sup> Annual Sports Medicine Seminar, Tifton, Georgia, July 2000.

*Overuse Injuries of the Leg* – 35<sup>th</sup> Annual Primary Care and Family Practice Symposium, Medical College of Georgia, February 15 and April 25, 2000.

*Selecting Exercise Prescriptions* – 35<sup>th</sup> Annual Primary Care and Family Practice Symposium, Medical College of Georgia, February 15 and April 25, 2000.

*Patellofemoral Pain Syndrome* – 10<sup>th</sup> District Georgia Nurses Association/MCG Workshop for Advanced Practice Nurses, Medical College of Georgia, January 29, 1999.

*The Use of Ergogenic Aids in Athletes* – 14<sup>th</sup> Annual Sports Medicine Seminar, Tifton, Georgia, July 9, 1998.

*Exercise Induced Asthma* – 14<sup>th</sup> Annual Sports Medicine Seminar, Tifton, Georgia, July 9, 1998.

*The Preparticipation Physical Examination* – 33<sup>rd</sup> Annual Primary Care and Family Practice Symposium, Medical College of Georgia, February 17 and April 28, 1998.

*Field-Side Evaluation of the Injured Athlete* – 33<sup>rd</sup> Annual Primary Care and Family Practice Symposium, Medical College of Georgia, February 17 and April 28, 1998.

*Heat Stress/Heat Illness* – 13<sup>th</sup> Annual Sports Medicine Seminar, Tifton, Georgia, July 10, 1997.

*Traumatic Sports Injuries* – 13<sup>th</sup> Annual Multiple Trauma Symposium, Medical College of Georgia, Augusta, Georgia, May 7, 1997.

*Common Orthopedic Problems in Sports Medicine* – Georgia Health Education Alliance, Division of Continuing Education, Medical College of Georgia, February 20, 1997.

*Acute Sports Injuries* – 32<sup>nd</sup> Primary Care and Family Practice Symposium, Medical College of Georgia, February 19, 1997 and April 30, 1997.

*The Young Athlete* – Orthopedic Nursing Conference, Medical College of Georgia, Savannah, Georgia, October 25, 1996.

*Field-Side Evaluation of the Injured Athlete* – Georgia Academy of the Family Practice, 5<sup>th</sup> Annual Summer CME Family Weekend, St. Simons Island, Georgia, June 1996.

*Common Low Back Problems* – 31<sup>st</sup> Primary Care and Family Practice Symposium, Medical College of Georgia, Augusta, Georgia, February and April, 1996.

*Sports Medicine* – Second Annual Family Medicine Series, Cooper Hospital/University Medical Center, Camden, New Jersey, January 17, 1996.

*Field-Side Evaluation of the Injured Athlete* – Uniformed Services Academy of Family Physicians, 19<sup>th</sup> Annual Scientific Assembly, Norfolk, Virginia, March 17, 1994.

*Diarrhea in a Collegiate Long Distance Runner* – Physician Case Presentation, Sports Medicine for the Primary Care Physician Symposium, The Cleveland Clinic Educational Foundation, Cleveland, Ohio, May 1, 1993.

*Low Back Pain in a Football Lineman* – Physician Case Presentation, Sports Medicine for the Primary Care Physician Symposium, The Cleveland Clinic Educational Foundation, Cleveland, Ohio, May 1, 1993.